



# Ernæring og Allergi

Product	Vægt (g/ml)	Kcal	Fedt (g)	Heraf mættede fedtsyrer (g)	Kulhydrat (g)	Heraf sukkerarter (g)	Protein (g)	Salt (g)	Allergener	Tilsætningsstoffer
1 Kyllingestykke*	97	233	13,6	4	9	1	19	15	1, 4, 7, 10	20, 23, 25
3 Hot Wings ®*	78,6	248,3	16,9	6	9,0	0	15,0	15	1, 4, 12, 13	20, 21, 23, 24, 25
3 Crispy Strips*	121,8	292,3	16,4	5	12,3	1	23,6	16	1, 4, 9, 12, 13	20, 21, 23, 24, 25
3 KFC Filet Bites*	73,8	172,7	8,6	3	9,8	0	14,1	18	1, 4, 7, 10	20, 23, 25
Filet Burger*	207,0	519,6	22,6	6	49,9	5	29,4	28	1, 4, 7, 9, 10, 11, 12	20, 21, 23, 25, 26
Zinger Burger*	202,0	517,1	24,2	7	47,9	6	26,9	21	1, 4, 9, 10, 11, 12, 13	20, 21, 23, 24, 25, 26
KFC Gourmet Chicken*	273,1	614,5	26,2	8	58,4	8	36,3	44	1, 4, 7, 9, 10, 12	20, 21, 23, 25, 29
Grilled KFC Gourmet Chicken*	255,5	431,8	13,8	5	42,4	9	34,2	26	1, 4, 7, 9, 10, 12, 13	21, 23, 24, 25, 29
Double Crunch*	192,2	494,0	20,9	5	51,9	6	24,2	2	1, 4, 9, 10, 11, 12, 13	20, 21, 23, 24, 25
Crispy Dog*	125	307	12	3	35	7	13	17	4, 9, 11, 12, 13	20, 21, 23, 24, 25
THE B.O.S.S.*	226	536	27	10	41	8	31	41	1, 4, 7, 9, 10, 11, 12	20, 21, 23, 25, 30
Twister ®*	217,2	480,0	23,5	8	47,1	3	20,2	2	1, 4, 9, 10, 12, 13	20, 21, 23, 24, 25
Yummy Twister*	232	407	13	5	41	5	30	2	1, 4, 7, 9, 10, 13	21, 23, 24, 25, 26
Extra Ost	12	40	3	2	0	0	2	5	4, 7	26, 29
Grilled Chicken Salad*	205,0	87,1	2,0	1	5,1	4	12,0	1	4, 9, 13	23, 24, 25, 26
KFC Filet Bites Salad*	225,0	134,7	6,0	4	10,2	3	9,5	25	1, 4, 7, 9, 10	20, 23, 25, 26
Chili Cheese Pommes*	210,5	510,2	27,8		53,5	0	11,3		4, 7, 9, 12	20, 21, 23, 26
Coleslaw	140,0	179,2	11,2	2	18,9	14	1,0	12	1, 4, 7, 9	26
Gravy	30,0	13,2	0,2	0	2,5	0	0,5	3	4, 7, 9, 13	20, 21, 23, 24, 25, 26
Kartoffelmos	170,0	139,4	2,4	1	26,7	3	2,9	7	4, 7	20, 25
Mini-Maiskolben*	125,0	138,8	2,9	0	24,5	3	5,3	0	4	-
Pommes Frites (mellem)*	121,3	343,3	15,2	5	47,1	0	4,5	9	4	20
Hot Chocolate Cake	85,0	365,5	23	12	38,9	29	5	1	1, 4, 7, 12	-
Cookie Chokolade	76	375	19	10	47	31	4	4	1, 4, 7, 12	-
Cookie Double Chokolade	76	367	19	10	45	31	4	4	1, 4, 7, 12	-
Krushers Kit Kat*	332,0	415,4	18,6	11	55,4	50	8,0	4	4, 7, 12	21
Krushers Oreo*	315,0	359,1	13,5	7	52,0	43	6,9	5	4, 7, 12	20, 21
Krushers Strawberry*	350,0	364,0	12,3	6	57,1	39	6,7	4	4, 7	21, 26
Smoky BBQ Dip	27	42	0,1	0	7,3	8	0,2	6	-	21
Creamy Curry Dip	27	85,0	7,8	0	3,8	3	0,3	4	1, 9, 10	21
2HOT4U Dip	27	20,8	0,0	0	4,8	5	0,3	8	-	21
Sweet Imperial Dip	27	39,5	0,0	0	9,8	8	0,3	2	9	21
Pommes-Frites Sauce	20	65	65	5	13	4	2	28	1, 10	26
Ketchup	15	20	0	0	45	4	2	35	-	-
Balsamico	75	64	2	0	9	9	0	24	13	20, 26
French Dressing	75	138	12	1	7	5	1	14	1, 7, 9, 10	-
Joghurt Dressing	75	157	15	1	5	3	1	8	1, 7, 9, 10, 12	-
Pepsi Cola	400,0	176,0	0,0	0	43,6	54	0,0	1	-	22, 26
Pepsi Max	400,0	0,8	0,0	0	0,4	0	0,4	1	-	21, 22, 26, 27, 28
7 Up	400,0	176,0	0,0	0	43,6	52	0,0	2	-	21
Mirinda Orange	400,0	156,0	0,4	0	39,2	47	0,4	1	-	20, 21, 26
Capri Sonne Orange	200,0	82,4	0,2	0	20,0	20	0,2	1	-	-
Capri Sonne Monster Alarm	200,0	76	1	0	18	18	1	0	-	-
Allergener:	1 = Æg, 2 = jordnødder, 3 = Fisk, 4 = Gluten, 5 = Krebs, 6 = Lupine, 7 = Melk, 8 = Nødder, 9 = Selleri, 10 = Sennep, 11 = Sesam, 12 = Sojabønner, 13 = Sulfit, 14 = Bløddyr									
Tilsætningsstoffer:	20 = Antioxidant, 21 = Konserveringsmiddel, 22 = Koffein, 23 = Smagsforstærkere, 24 = Sulfureret, 25 = Fosfat, 26 = Farvestoffer, 27 = Søddestof, 28 = indeholder en Fenylalanin-kilde, 29 = Cheddar-ost forberedelse med farvestof									

\* Gennemsnitsværdier

(Allergen som er angivet findes i produkterne, dog kan krydskontamination med andre ingredienser, samt teknologisk uundgåelige urenheder i de enkelte produkter ikke helt udelukkes.)